

HEALTHMATTERS

CINCINNATI HEALTH DEPARTMENT NEWSLETTER

JUNE 2016
Vol. VI Issue VI

“We Know Health Matters”

Eric Washington and Dr. Kamaria Tyehimba discuss Men’s Mental Health on this month’s “We Know Health Matters”, CHD’s show on Citicable, Time Warner Ch. 23.

Playback Times

Mon	9, 11 a.m.
Wed	5 p.m.
Thur	2 p.m.
Fri	9 a.m.
Sun	3 p.m.

If you have anything you would like to share in the newsletter please send information to Marla Fuller at marla.fuller@cincinnati-oh.gov



#KeepCincyHealthy
#MensHealthMonth

Board, CHD welcome Dr. O’dell Owens as Interim Health Commissioner

Dr. O’dell Owens was appointed as Interim Health Commissioner by the Board of Health at last month’s meeting.

“We are excited to welcome Dr. Owens in his new role,” stated Dr. Noble Maseru. “The Board has selected an outstanding leader. Dr. Owens brings excellent experience to the table and will ensure our agency continues to move the health and human services systems forward during this time of transition.”

Dr. Owens played a key role in advising the commissioner and state leadership on public health and agency management issues. A chief medical executive licensed to practice medicine, he also advised Dr. Maseru on health issues and medical aspects of the agency’s programs and services.

“We’re positioning ourselves to operate as a more cohesive, collaborative health care provider that values a culture of compassion, while delivering a higher state of caring to all Cincinnatians,” stated Dr. Owens.

The appointment of Dr. Owens represents the next phase of the search for Cincinnati’s next Health Commissioner. Welcome, Dr. Owens!



You’re invited to a ‘Day Out With Dad’!



Saturday, June 18
12- 3p.m.

Day Out with Dad welcomes all dads, uncles, grandpas, father figures, male role models, and male mentors to accompany kids and teens to this event.

- Learn important health information for you and your kids from health experts.
- Participate in fun activities and earn prizes and rewards for you and your kids.
- Get more information on other community resources and support.
- A healthy meal, games and activities will be provided.
- Free and open to the public.
- Free haircuts for men and boys by a licensed barber.
- Meet Mr. Red, the Cincinnati Reds oldest and most beloved mascot.
- Shake paws and take pictures with Dr. Health E. Hound.

State of the City's Health Address and Local Conversations

Dr. Regina Hutchins and Ms. Denisha Porter share minority health conversation outcomes in our city and the work being done to improve these conditions. Preliminary findings from this event include:

- The community is unaware of all services we offer as a health department.
- Accessing information can be difficult as some do not have computer or internet access.
- Health services need to be taken into account with other social determinants of health, such as, transportation, housing and jobs.

A full report of the local conversations and findings is currently being conducted and will be available at www.cincinnati-oh.gov/health when completed.



VNA presents Caring Award

Dr. Owens was recently recognized by the Visiting Nurse Association of Greater Cincinnati as a recipient of the 2016 Caring Award.

CHD Reproductive Health and Wellness Program awarded \$3 million grant

After five successful years as the lead agency for the Reproductive Health and Wellness Program (RWHP), CHD was awarded \$3 million and an additional five years to meet the reproductive health needs of the communities served. Services provided at all CHD Primary Care Health Centers include:



- HIV testing
- Cervical cancer screening (women)
- Screening all minors for abuse and making appropriate reports and referrals
- Screening for Intimate Partner Violence, alcohol abuse, tobacco use, drug abuse and other health risks
- Screening for depression and other mental illness
- Diagnosing and treating sexually transmitted infections
- Counseling and education regarding reproductive health and wellness

Congratulations, Dr. Jennifer Mooney and the RHWP team!

P 513 357 7341 | [thebodyshop](http://thebodyshop.org)

A Look Behind the Counter



Inter-professional Collaboration to Help Medication Adherence

By Sanjeewa A. Goonasekera

It's estimated that half of all patients with chronic illnesses fail to take prescription or over-the-counter drugs as directed. As we move towards a pay for performance model of reimbursement, getting patients healthy means a lot more to healthcare providers. However, unless patients take medications as prescribed, improving outcomes will remain a formidable challenge.

A number of factors can explain why patients are not taking prescribed medications as directed. Physicians are often vulnerable to time constraints and large work load but pharmacists can play a more involved role in changing people's attitude about taking medication. Already pharmacists are at the frontline dispensing and educating patients about how to take medications as well related side effects. Expanding this role to assessing adherence on a continued basis as patients come to pick up their medications and setting aside time to talk to patients may lead to identifying potential barriers to adherence. Pharmacists and staff at the Elm street clinic currently have taken a new role in working with physicians towards increasing patient adherence. We have started calling non-adherent patients to determine reasons for non-adherence. The ultimate goal of this outreach service is to identify these barriers and come up with solutions that can improve adherence. Success of this program will however depend on the amount of time that could be dedicated by the pharmacy staff to reach out to non-adherent patients. Time can only tell the outcome of this approach, and there is no guarantee that it would lead to increased adherence. However, not taking necessary action for improvement is no longer an option.